**FALL** 2022

## **High School**



# **How to Friend**

Friendships can be completely complicated. Add in the pressures that play a part in today's high school experience, and connecting with other humans can be really overwhelming. In this 3-week series, we'll discover how to navigate some of the most common experiences in our friendships. Whether it's being a friend, finding friends, or working through something tough in a friendship, we'll learn that the work it takes is always worth it.

#### **MEMORY VERSE**

"Do to others as you would like them to do to you." Luke 6:31, NLT

#### **Week One**

#### John 13:4-5, Luke 6:31

Being a friend means serving your friends.

#### **Week Two**

#### Proverbs 12:26

The friends you choose impact the future vou will have.

#### **Week Three**

#### Acts 15:36-38. Acts 15:39-41

Being a friend means walking away friendly.

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#### **Week One**

### John 13:4-5, Luke 6:31

Being a friend means serving your friends.

#### **Week Two**

#### Proverbs 12:26

Being a friend means building the right friendships.

#### **Week Three**

#### Acts 15:36-38. Acts 15:39-41

Being a friend means walking away friendly.

# **High School**

#### **ENGAGE IN EVERYDAY MOMENTS TOGETHER**



## **Morning Time**

As your high schooler starts their day, say something like this: "I'm always so impressed by how you..."



### **Their Time**

Strengthen your relationship by adjusting your plans to show up whenever they need you.



## **Meal Time**

At a meal this week, have everyone mention the name of a friend and what makes them a good friend to you. Talk about a way each of you can help or serve them.



#### **Bed Time**

As you pray, thank God for your child's best influences (friends/adults). And think of some ways to express your gratitude to them this week.

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